

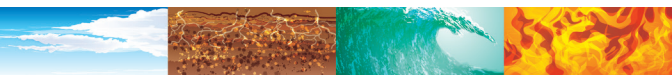
Children's**Multi**

Critical nutrients in convenient powder form



- Helps establish immune and nervous systems
- Maximizes nutrient intake and bioavailability
- Natural berry-lemon flavour — sugar-free!

ISO 17025
Accredited Laboratory



Children'sMulti



Children's Nutrition Isn't Child's Play

Ensuring adequate amounts of all the necessary nutrients for healthy physical and mental growth for children is challenging. With the gradual introduction of new foods, children may be prone to some nutritional shortcomings. New Roots Herbal's **Children'sMulti** is formulated to give the growing child (aged 3 to 12) the ideal selection of therapeutic amounts of the vitamins, minerals, and specific nutrients to build a healthy body and mind during the critical developmental years.

Children will love the sugar-free, berry-lemon-flavoured mix. It can be mixed in water or juice, or even be incorporated into smoothies to lay a healthy foundation for an action-filled day.

Minerals Worth the Investment

Minerals play specific roles in every aspect of human health and well-being. They are critical in the developmental years when the foundation for good health is laid down.

Children'sMulti contains the recommended 2 to 1 ratio of calcium and magnesium necessary for bone and muscle formation along with nerve cell signaling, hundreds of enzymatic reactions and generation of cellular energy.

Highly bioavailable iron glycinate furnishes the iron critical for hemoglobin production, the protein in red blood cells that absorbs oxygen from the lungs and delivers it to tissues throughout the body. Hemoglobin also performs the equally important role of carbon dioxide removal. Zinc is essential for overall growth





and development, along with a strong immune system. Copper citrate delivers the mineral that activates enzymes for unlocking metabolic energy. Copper is also the key mineral that weaves together collagen and elastin for healthy skin and connective tissue. Iodine, sourced from kelp, quenches the thyroid gland with the mineral necessary to produce hormones that regulate metabolism, growth and development.

B Vitamins, Folic Acid (5-methyltetrahydrofolate), & Biotin

Children'sMulti is formulated with the B-complex group of vitamins, the water soluble class of vitamins the body can't store. Our formula also contains the premium biologically active form of folic acid, 5-MTHF, in its natural circulating form. Biologically active forms of B₆ (pyridoxal-5'-phosphate), B₁₂ (methylcobalamine), and B₂ (riboflavin-5'-phosphate) are all featured in our



formula. Biotin is also present as a catalyst for energy production. These vitamins collectively benefit nervous system development, the metabolism, and healthy skin and muscle for overall connective tissue integrity.

Vitamins That Serve and Protect

Vitamins C and E are critical for functions that vary from collagen creation, to development of the children's delicate immune system. They collectively exert strong antioxidant action that protects the entire body from harmful free radicals that can lead to many diseases. 400 IU per portion of the biologically active form of vitamin D (D₃) is critical for skeletal system development, immune system performance, and mental health. Vitamin D₃ supplementation is essential for people during winter months with limited exposure to the sun.

Each 6.401 g (approx. 1 scoop) contains:

Vitamin C	250 mg
Calcium (from calcium citrate)	100 mg
Iron (from iron bisglycinate)	2 mg
Vitamin D ₃ [400 IU]	10 mcg
Vitamin E (mixed tocopherols 30%) (from non-GMO sunflower)	30 mg
Vitamin B ₁ (thiamine hydrochloride)	10 mg
Vitamin B ₂ (riboflavin-5'-phosphate [sodium salt])	10 mg
Vitamin B ₃ (niacinamide)	10 mg
Vitamin B ₅ (D-calcium pantothenate)	10 mg
Vitamin B ₆ (pyridoxal-5'-phosphate)	10 mg
L-Methylfolate (folic acid, from calcium L-5-methyltetrahydrofolate)	400 mcg
Vitamin B ₁₂ (methylcobalamin)	500 mcg
Biotin	300 mcg
Iodine (from kelp)	70 mcg
Magnesium (from magnesium bisglycinate)	50 mg
Zinc (from zinc citrate)	2 mg
Copper (from copper citrate)	200 mcg
Choline (from choline citrate)	40 mg

Other ingredients: Natural berry flavour, natural lemon flavour, L-malic acid, *Stevia rebaudiana* leaf, and microcrystalline cellulose.

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Directions of use:

Children 3 years and over: Mix ½ scoop once or twice daily in 6 oz. of unsweetened fruit juice. Stir well until dissolved. If you are taking other medications, take this product a few hours before or after them.

Manufactured under strict GMP (Good Manufacturing Practices).

HP1794

